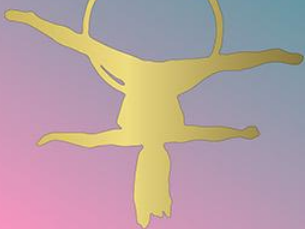




# 2024 Studio Season Packet





## Welcome to our New & Returning Families!

We're SO thrilled to be back in action as we near the official start of the 2024 winter/spring season! We first want to thank all of you for your continued patience as we continue our search for a permanent studio location. Our fantastic Admin and Rigging teams have been working non-stop to ensure that we are ready and raring to go for a fabulous, high flying season and we could not be more grateful to them and to you for your patience and the excitement and anticipation you're bringing to this upcoming season!

## We're Going Back to Principia!

Our season's studio classes will be taking place this season in two locations. If you've taken classes with us before, you'll know we've been at Principia before in their gym. This year we'll be back at Principia in their Black Box Theater, where we will have multiple hanging points for our usual variety of aerial silks, trapeeze and lyra. On the weekends, we'll be back at ICE Allstars in Chesterfield as we have been for all of this preseason. In addition, we will be hosting private events/lessons as well as Open Studio sessions at either of these locations.

**REGISTER FOR TEAMS & CLASSES**  
<https://www.ontheflypros.com/stl-studios.html>

## Our Locations

### ICE ALLSTARS

17387 Edison Ave  
Chesterfield, MO  
63005

### THE PRINCIPIA SCHOOL BLACK BOX THEATRE

13201 Clayton Rd  
Town and Country, MO  
63131

(See map of the  
Principia School on next  
page)

**SOCIAL MEDIA:** Join our Private Facebook Group -  
<https://www.facebook.com/groups/ontheflystudiosstl>  
Follow us on Instagram & Facebook -  
**@ontheflystlstudios**

Download the On The FLY App for class schedules registration, event information, and more! Available for IOS or Android.

# MAP TO PRINCIPIA BLACK BOX THEATRE





# IMPORTANT DATES

**FIRST DAY OF THE 2024 SEASON  
AND  
FIRST DAY OF CLASSES @ PRINCIPIA  
Wednesday, January 3rd**

**FIRST DAY OF CLASSES @ ICE ALLSTARS  
Saturday, January 6th**

**ELITE TEAM AUDITIONS @ ICE ALLSTARS  
Sunday, January 14th (Time TBD)  
\*See Elite Packet for more information**

**Spring Break NO CLASSES AT EITHER STUDIO  
Monday, March 18th - Sunday, March 24th**

**Easter Weekend NO CLASSES  
Saturday, March 30th - Saturday, March 31st**

**SPRING SHOWCASE  
@ CHAMINADE COLLEGE PREPARTORY SCHOOL (Levels 1  
and Up)**

**Friday May 10th (Rehearsal at Chaminade)  
and Saturday, May 11th (Dress Rehearsal/Performance at Chaminade)  
(TIMES TBA)**

**LAST DAY OF CLASSES @ PRINCIPIA  
Thursday, May 16th**

**LAST DAY OF CLASSES @ ICE ALLSTARS  
Sunday, May 19th**

**2024 SUMMER CAMP SESSIONS BEGIN  
@ MCCALMONT GYM AT THE PRINCIPIA SCHOOL  
Monday, June 3rd**



# WELCOME TO THE 2024 ON THE FLY STUDIO SEASON

Please see below for the current team and class schedule for 2024.

Classes begin Wednesday, January 3rd.

## ON THE FLY TEAMS

As a member of our Studio Aerial Team, your performer will be immersed in a well-rounded aerial experience - gaining skills and heightening abilities in all facets of circus arts! Each week performers will learn appropriate skills on aerial silks, multi-apparatus equipment, as well as movement/dance strength/conditioning, acro, relaxation/stretching techniques, and much more!!

### FIREFLIES (Level 1) Ages 8+ (1.5 hrs/week)

Prerequisite: Completion of Intro to Aerial or Instructor Placement

**\$120/month**

Level 1		
<b>Wednesday 6:00 - 7:30 p.m.</b> Principia Black Box Theatre	<b>Saturday 2:30 - 4:00 p.m.</b> ICE Allstars	<b>Sunday 12:00 - 1:30 p.m.</b> ICE Allstars

### DRAGONFLIES (Level 2) Ages 10+ (3 hrs/week)

Prerequisite: Completion of Level One or Instructor Placement

**\$180/month**

\*Co-requisite - MUST be enrolled in 1 Silks focus and 1 Hard App focus

Level 2			
<b>Tuesday 6:00 - 7:30 p.m.</b> Principia Black Box Theatre (Silks focus)	<b>Thursday 6:00 - 7:30 p.m.</b> Principia Black Box Theatre (Hard App focus)	<b>Saturday 3:30 - 5:00 p.m.</b> ICE Allstars (Hard App focus)	<b>Sunday 12:30 - 2:00 p.m.</b> ICE Allstars (Silks focus)

### BUTTERFLIES (Levels 2.5/3/4) Ages 12+ (3 hrs/week)

Prerequisite: Completion of Level 2 or Instructor Placement

**\$180/month**

\*Co-requisite - MUST be enrolled in 1 Silks focus and 1 Hard App focus

Levels 2.5, 3, 4			
<b>Tuesday 6:00 - 7:30 p.m.</b> Principia Black Box Theatre (Silks focus)	<b>Thursday 6:00 - 7:30 p.m.</b> Principia Black Box Theatre (Hard App focus)	<b>Saturday 4:00 - 5:30 p.m.</b> ICE Allstars (Hard App focus)	<b>Sunday 1:30 - 3:00 p.m.</b> ICE Allstars (Silks focus)



# ON THE FLY CLASSES

Aerialists in both the Kids Circus and Intro to Aerial Classes (8+ and 11+) may register for individual classes.

## KIDS CIRCUS Ages 6-7

**\$100/month**

Kids Circus	
<b>Monday 6:00 - 7:00 pm.</b> Principia Black Box Theatre	<b>Saturday 1:00 - 2:00 p.m.</b> ICE Allstars

## INTRODUCTION TO AERIAL Ages 8+

**\$100/month**

Intro to Aerial 8+		
<b>Monday 6:00 - 7:00 p.m.</b> Principia Black Box Theatre	<b>Saturday 1:00 - 2:00 p.m.</b> ICE Allstars	<b>Sunday 11:00 - 12:00 p.m.</b> ICE Allstars

## INTRODUCTION TO AERIAL Ages 11+

**\$100/month**

Intro to Aerial 11+		
<b>Monday 7:30 - 8:30 p.m.</b> Principia Black Box Theatre	<b>Saturday 1:00 - 2:00 p.m.</b> ICE Allstars	<b>Sunday 11:00 - 12:00 p.m.</b> ICE Allstars

## Level .5 Ages 8+

Prerequisite: Completion of Intro to Aerial or Instructor Placement

**\$100/month**

Level .5		
<b>Monday 7:30 - 8:30 p.m.</b> Principia Black Box Theatre	<b>Saturday 2:00 - 3:00 p.m.</b> ICE Allstars	<b>Sunday 11:00 - 12:00 p.m.</b> ICE Allstars

# OPEN STUDIOS

**\$10/session**

**Practice and sharpen your skills at our Open Studios!  
These are a great supplement to Team classes and  
perfect for strengthening and conditioning! These  
sessions are offered 6 days a week at both locations,  
and while an instructor is present, there is no  
formal instruction.**

**\*PLEASE NOTE: To enroll in ANY Open Studio, a student  
MUST be enrolled in On The FLY aerial classes or Teams.**

**Monday 7:00 - 7:30 p.m. Principia Black Box  
Theater**

**Tuesday 7:30 - 8:00 p.m. Principia Black Box  
Theater**

**Wednesday 7:30 - 8:00 p.m. Principia Black Box  
Theater**

**Thursday 7:30 - 8:00 p.m.\*  
\*Ages 10+ only Principia Black Box  
Theater**

**Saturday 2:00 - 2:30 p.m. ICE Allstars  
4:00 - 4:30 p.m.\*  
\*Silks only Ages 10+**

**Sunday 12:00 - 12:30 p.m. ICE Allstars  
1:30 - 2:00 p.m.\*  
2:00 - 2:30 p.m.\*  
\*Hard App Only Ages 10+**

## **Elite Audition Prep (By Invitation ONLY)**

**Open to Level 2+ students preparing for Elite auditions!**

**Tuesday + Thursday 7:30 - 8:30 p.m. @ Principia (until Jan. 11th)  
\$15/session**

**Saturday 6:00 - 7:00 p.m. @ ICE (until January 13th)\*  
\$25/session**

**\*Saturday Prep Session will turn into Elite Team Rehearsal after auditions.**



## TUITION

Tuition is paid through auto-pay on DSP, and is paid the last day of each month for classes scheduled the following month. If you need to change your method of payment or have any concerns about the next month's tuition, please contact the Studio Manager before the 23rd of each month.

## MAKE-UP CLASSES

If you cannot make your scheduled class:

1. Please contact the Studio Manager to let us know about your impending absence.
2. Our classes have multiple sessions scheduled throughout the week. We will work to schedule you in a similar make-up class within a month of the absence.

## STUDIO ATTIRE

**REQUIRED:** Leggings/sweats/stretch pants that cover the back of the knee, Leotard/swimsuits/fitted tops, Shoes and socks will be removed for class, Any long hair **MUST** be neatly tied back!

**\*NO** Shorts, jeans, non stretch materials or pants with zippers or buttons that will rip the silks.\*

Bring a refillable water bottle!!

## QUESTIONS? CONCERNS?

Sherie Ragan, Studio Manager

855.956.6843x703

[stlstudio@ontheflypros.com](mailto:stlstudio@ontheflypros.com)



# Meet Our New Head Coach Rebecca Hellemans



Meet Rebecca Hellemans, an Aerial Arts Coach whose name resonates with excellence, drive, and a profound commitment to cultivating the next generation of aerial artists.

With years of dedicated practice, training, and performance experience, she has honed her craft to an exceptional degree, mastering a multitude of disciplines including silks, hoops, pole, and more.

Her journey is not just a testament to skill, but a testament to the power of perseverance and the artistry of the human spirit.

What truly sets Rebecca apart, however, is her unwavering commitment to mentorship and education. As an Aerial Arts Coach, she channels her expertise into nurturing emerging talents, instilling in them not just the technical prowess of the art form, but also the discipline, confidence, and creative drive required to excel. Her teaching approach is a delicate balance between precision and exploration, encouraging her students to push their boundaries while respecting their personal journey.

Whether she's suspended in mid-air or guiding her students to reach new heights, Rebecca Hellemans name has become synonymous with innovation, passion, and a dedication to the pursuit of beauty through movement.

# **NEW INSTRUCTOR ALERT!!**

## **Devon Chanceric**



**Devon Chanceric joined On The Fly in 2015, working shows such as Ignite, Luminosity at Cedar Point, competing on Fake Off season 2, and many more in the near decade he's been with the company. Texan boy turned Brooklynite, he started his training in dance and acrobatics at 17. Introduced to the work of On The Fly in his time studying Dance at Florida School of the Arts. Through the training and mentorship he received from the company he was able to cultivate a passion for Circus turning his dance and floor artistry into his strongest tool whilst flying through the air. His main skills, but not limited to, are Adagio, dance trapeze, straps, and floor acrobatics. After 6 years of living in NYC, he's back and ready to grow with the company and students.**



# NEW INSTRUCTOR ALERT!!

## Ashley Brandt



**Ashley Brandt was born and raised in Jacksonville, Florida. She began her training as a competitive gymnast before going to The Florida Ballet Conservatory at age fourteen. There, she studied under the direction of Linda Reifsnnyder Jenkins and Christopher Alloways-Ramsey with a focus on American Ballet Theatre Curriculum. Ashley graduated in 2016 passing with merit in her ABT exams level 3-5. Under the tutelage of Susan Dodge and Heather Olschewske, she was also trained in Limon and Paul Taylor Modern techniques and various Jazz techniques. After collaborating with New York Dance Project, Davis Robertson recruited her in 2017 to join his company with Nicole Duffy in New York. She was with New York Dance Project for two years and performed throughout the city as a semi-soloist in Ballet works by Davis Robertson, Gerald Arpino, as well as Contemporary works by Tyler Gilstrap and Dwight Rhoden. After returning home in 2020, Ashley became the Artist in Residence at Saltmarsh Dance for the next two years where she gained experience in co-directing, mentoring and teaching, as well as gaining more performing experience including performing as a contemporary ballet soloist in Pietresanta Italy in new works choreographed by Suzanne Saltmarsh, and performing lead roles in Jacksonville's Community Nutcracker as Christmas Spirit and Arabian Princess. Ashley prides herself on her strong work ethic, versatility, and passion for sharing her art form through both performance and pedagogy.**